

**12th Annual University of Kentucky
Sports Medicine Symposium
Embassy Suites Lexington
Lexington, KY
May 14-15, 2010**

Name _____

MD PA-C ATC PT PTA Student Other _____

Company _____

Address _____

City _____ State _____ Zip _____

Telephone # _____ Fax # _____

Email (required) _____

NATABOC # _____

How did you hear about the Symposium?

Mailing Web site Journal Friend Other _____

Amount paid:

- \$275 Physician (advance) \$300 Physician (on-site)
 \$175 Non-physician (advance) \$200 Non-physician (on-site)
 \$75 Student

Payment is by:

- Check (payable to University of Kentucky)
 Purchase Order/Voucher
 MasterCard or Visa

Account # _____

Expiration Date _____

Name on Card _____

To register:

- **Mail** completed registration form and check or credit card number to:

UK HealthCare CECentral
ATTN: Candy Back
138 Leader Ave, Ste 9E
Lexington, KY 40506-9983

- **Fax** the registration to (859) 323-2920
■ **Phone** the CE office at (859) 257-5320 ext. 80337
■ **Online** at <http://www.cecentral.com/live/2320> (with credit card only)

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UNIVERSITY OF KENTUCKY
Department of Orthopaedic Surgery and Sports Medicine
601 Perimeter Dr., Suite 200
Lexington, KY 40517

Please forward information to
all interested person(s) in
your office.

**12th
Annual
University
of Kentucky
Sports Medicine
Symposium**

May 14-15, 2010

**Embassy Suites Lexington
Lexington, Kentucky**

UKHealthCare

**Orthopaedic Surgery
& Sports Medicine**



Registration Information

REGISTRATION FEE

The registration fee includes all lectures, educational materials, continental breakfasts, refreshment breaks and a certificate of attendance. Please call (859) 257-5320 x 80337 if you wish to verify we have received your registration by mail or fax. All online registrations will automatically receive a confirmation via email.

Physician: \$275 advance registration \$300 on-site registration

Non-physician: \$175 advance registration \$200 on-site registration

Student: \$ 75 registration

REFUND & CANCELLATION POLICY

A refund (less a \$25 processing fee) will be made if notice of withdrawal is received by May 1, 2010. We reserve the right to cancel or substitute topics and/or speakers.

Accommodations

All educational activities will be conducted at the Embassy Suites Lexington; 1801 Newtown Pike, Lexington, KY 40511; (859) 455-5000.


The Embassy Suites Lexington has reserved a block of rooms until April 14, 2010, at the special daily rate of \$139.00 single occupancy plus tax. To make reservations, call the Embassy Suites Lexington at (859) 455-5000 or make your reservations electronically at the discounted rate at <http://embassysuites.hilton.com/en/es/groups/personalized/LEXESSES-ASM-20090514/index.jhtml>. Please note that these rooms are suites and may accommodate more than one person. Indicate you are attending the 12th Annual UK Sports Medicine Symposium program to receive the special rate.

Accreditation

CREDIT

The University of Kentucky College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor Continuing Medical Education for physicians.

- The University of Kentucky College of Medicine designates this educational activity for a maximum of 7 AMA PRA Category 1 Credits™ on Friday, May 14, 2010, and 3 AMA PRA Category 1 Credits™ on Saturday, May 15, 2010, for a total of 10 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
- The University Of Kentucky College Of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

-  NATA (National Athletic Trainers Association) credit has been approved for 10 contact hours. Provider #: P2382

- Kentucky Physical Therapy Association has approved 10 contact hours (Category 1). Approval #: 34-IPKPTA-09

Agenda

Friday, May 14, 2010

7:45	Welcome and Overview	Scott Mair, MD
8:00	Management of Wrist Injuries in Athletics	Peter Stern, MD
8:45	Q/A	
9:00	Management of UCL Injuries in Athletes	Darren Johnson, MD
9:30	Rehabilitating the Elbow after Surgery	Kris Tallio, PT

10:00 Break

10:30	Shoulder Anatomy	Daniel Rueff, MD
11:00	Evidence Based Shoulder Research	Keith Kenter, MD
11:30	Shoulder Labral Injuries- Not All Managed the Same	Scott Mair, MD

Noon Lunch

1:00	Knee Anatomy	Daniel Stephenson, MD
1:30	Patellar Dislocations- When to Operate	Christian Lattermann, MD
2:00	Conservative Treatment of Patellar Dislocations	Mary Lloyd Ireland, MD

2:30 Break

Rotating Workshops – 3:00/3:40/4:20

1.	Treatment Strategies for Runners With Anterior Knee Pain	Brian Noehren, PhD, PT
2.	Managing Common Foot Injuries	Heather Whitesel, DPM
3.	Evaluating Low Back Pain - When to Refer	Daymond McDuffey, MD

5:00 Evaluation and Adjourn

Saturday, May 15, 2010

7:15 Registration/Continental Breakfast

8:00	Injury Prevention- From Observation to Intervention	Jennifer McKeon, ATC, PhD
8:30	ATC Outreach Program- More Than Team Coverage	Rob Ullery, ATC
9:00	A Team Approach in the Clinical Setting	Sheri McNew, ATC

9:30 Break

10:00	Case Presentations	TBA
10:30	Concussion Management- a Team Effort	Trace Julsen, MD
11:00	The Fencing Response: Tonic Posturing to Indicate Sport-Related Concussion	Jonathan Lifshitz, PhD

11:30 Evaluation and Adjourn

Objectives

Upon completion of this symposium, the participant will be able to:

- Adequately examine and treat common wrist injuries in athletics
- Demonstrate skills needed to manage ulnar collateral ligament injuries in the elbow.
- Describe the anatomical landmarks of the shoulder and knee.
- Determine what type of treatment plan is needed for shoulder labral injuries and patellar dislocations.
- Explain and utilize treatment strategies for runners with anterior knee pain.
- Assess lower back injuries and determine if a referral is needed.
- Demonstrate skills needed to manage common foot injuries.
- Develop relationships and a referral source by using ATC's in the outreach and clinical settings.
- Formulate a concussion management tool best suited to your sports medicine team.

Target Audience

Physicians (family practice, pediatricians, and surgeons) involved in the care of athletic teams, physical therapists, athletic trainers, biomechanists, exercise physiologists, nurses, physicians assistants and others interested in sports medicine.

Faculty

UNIVERSITY OF KENTUCKY FACULTY

Scott Mair, MD – Activity Director	Sheri McNew, ATC
Mary Lloyd Ireland, MD	Brian Noehren, PT, PhD
Darren Johnson, MD	Daniel Rueff, MD
Christian Lattermann, MD	Daniel Stephenson, MD
Jonathan Lifshitz, PhD	Kris Tallio, PT
Daymond McDuffey, MD	Rob Ullery, ATC
Jennifer McKeon, PhD, ATC	Heather Whitesel, DPM

GUEST FACULTY

Peter Stern, MD - Keynote	Keith Kenter, MD
Chair, Department of Orthopaedic Surgery	Team Physician
University of Cincinnati	University of Cincinnati

Disclosure Policy

All faculty members of continuing education activities sponsored by the University of Kentucky College of Medicine are expected to disclose any real or perceived conflict of interest related to the content of their presentation. Detailed faculty disclosures will be included in participant materials or given prior to presentations.

Special Services

If you require any special physical arrangements to attend this activity, please call us at (859) 218-3038, and we will work to assist you.